



SAN PABLO

Frankfurt Book Fair 2019

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Latest titles

Latest titles



Latest titles

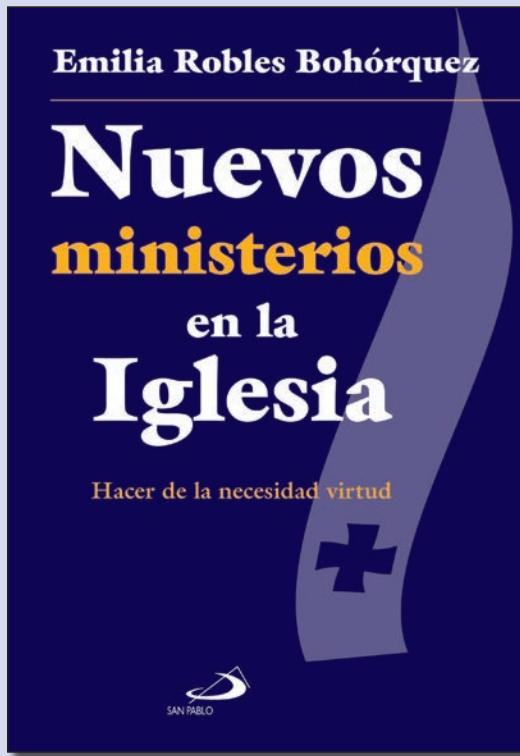
- Church
- Theology - Philosophy
- Bible
- Divulgation
- Biographies - Testimonials
- Interiority
- Spirituality
- Liturgy - Prayer
- Psychology - Family
- Learning
- Art and Faith
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- Pastoral - Missions
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SAN PABLO SPAIN

TOWARDS A NEW SERVICE

◆ Series Which Church / Softcover with flaps / 15,5 x 22,5 cm

9788428557429



New Ministries in the Church

Emilia Robles Bohórquez

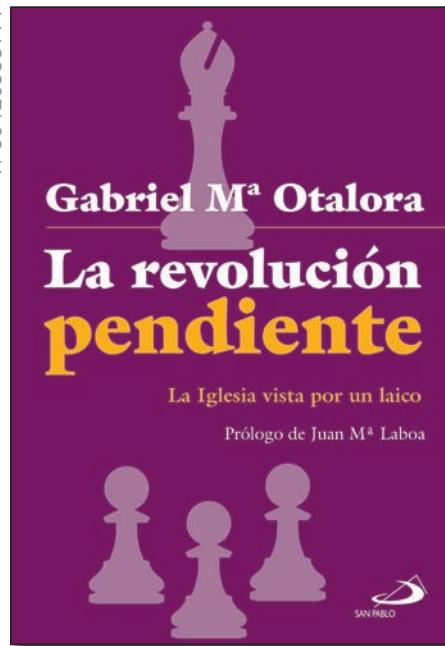
In a time that lacks priestly vocations, Emilia Robles proposes an honest reflection from the perspective of the Vatican II Council, the Aparecida Conference and the important role that the Christian community plays. The question arises: is the ordained priesthood the only solution or perhaps alternative ministries with women's participation can be raised?

272 pages. / € 17

CHURCH AND LAY PEOPLE

◆ Series Which Church / Softcover with flaps / 15,5 x 22,5 cm

9788428555999



The Pending Revolution

Gabriel Mª Otalora

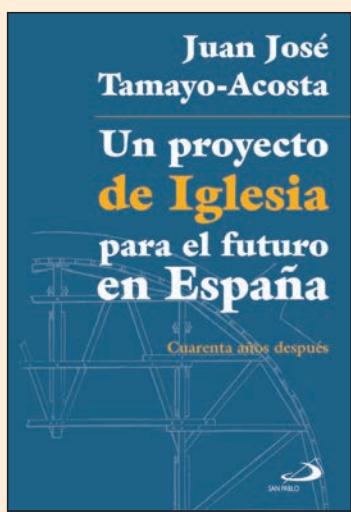
An introduction to the history of the Church. With the sensibility of a believer who reflects upon the activities and the absences of the laity, the author makes a call on the ecclesial future. This is a review of the Christian community's life from a secular point of view.

152 pages. / € 14

ANOTHER CHURCH IS POSSIBLE

◆ Series Which Church / Softcover with flaps / 15,5 x 22,5 cm

9788428556019



A Project of the Church for the Future in Spain

Juan José Tamayo-Acosta

This is a review of the same book, published 40 years ago, in which the author proposed a Church project for the future in Spain departing from the experience of several grass-roots communities and Christian groups that wanted to lay the foundations of a true ecclesial spring that has not yet reached its full development.

376 pages. / € 21

ALSO AVAILABLE IN THE SAME SERIES

Dying for Reawakening
Javier Elzo

The Missionary Option will Renew the Church
Juan Pablo García Maestro



MYSTICISM AND ACTION

◆ Series Frontier / Softcover / 13,5 x 21 cm

9788428556255



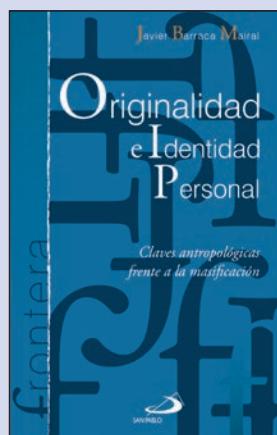
A Feminine and Feminist Perspective on Faith

Women, Spirituality and Leadership
Silvia Martínez Cano (ed.)

Silvia Martínez Cano • Rosario Ramos • Pepa Torres •
Mariola López Villanueva • Pilar Yuste Cabello • María Luisa
Paret

This book is the result of the meeting of the associations of Christian women (all of them prestigious theologians) held in Granada in 2016. It presents the different shades and consequences of a feminine mysticism that seeks to show the light of God incarnate in daily life, in order to contribute to the spiritual renewal of Christianity from a feminine and feminist perspective of the faith.

168 pages. / € 11,50



By the same author

Originality and Personal Identity

God and Beauty
Javier Barraca Mairal

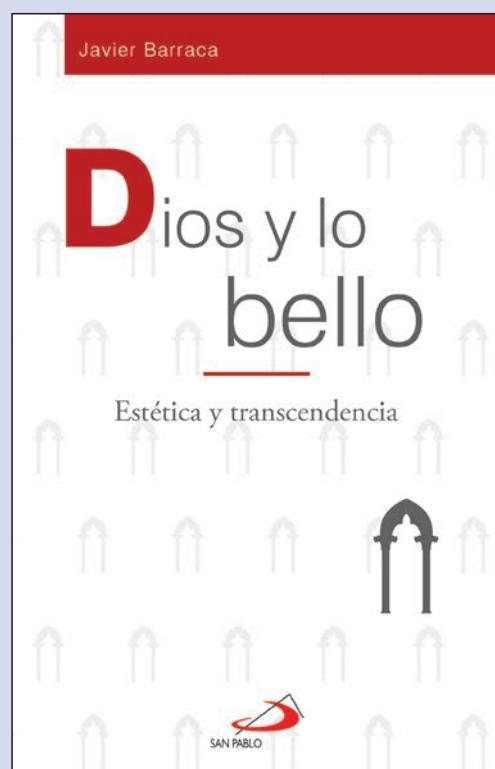
The greatest human aspiration is to search for the true and the beautiful. In a personal and profound way, the author offers a philosophical journey through the relationships between God and beauty, between aesthetics and transcendence, hand in hand with writers such as Plato, Saint Augustine, Kant, Saint John Paul II or Pope Francis, among others.

96 pages. / € 10,90

AESTHETICS AND TRANSCENDENCE

◆ Series Frontier / Softcover / 13,5 x 21 cm

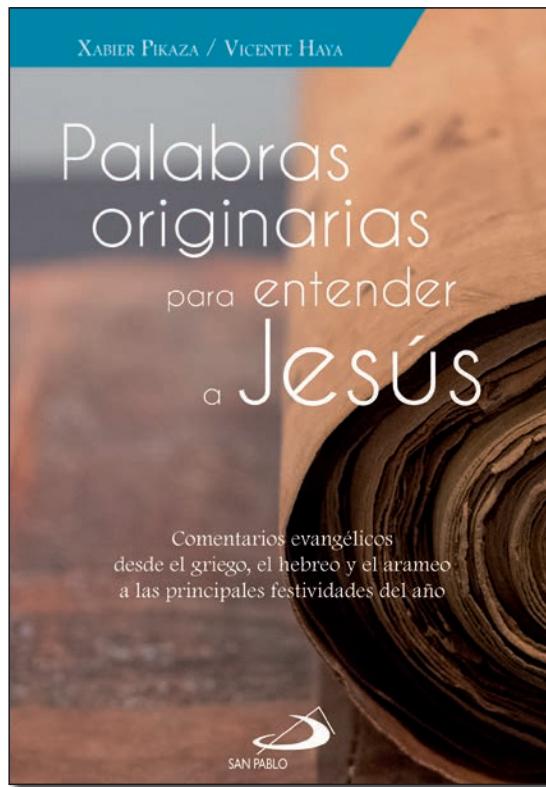
9788428556309



THE LANGUAGES OF JESUS

◆ Series Fountain / Softcover with flaps / 14,5 x 21,5 cm

9788428556002



A universal and outstanding interpretation of the essentials of the Gospel

Original Words to Understand Jesus
Xabier Pikaza - Vicente Haya

This book brings us closer to the figure of Jesus through the three languages he spoke. Forty of his words or sentences have been selected, explained and commented from the official (Greek) text of the Gospels, interpreted from the Hebrew background, and recreated from the Aramaic.

392 pages. / € 21,50

INTERRELIGIOUS DIALOGUE

◆ Series Ocean / Softcover / 16,5 x 23 cm

9788428556866



Zen and the Bible
J. Kakichi Kadowaki

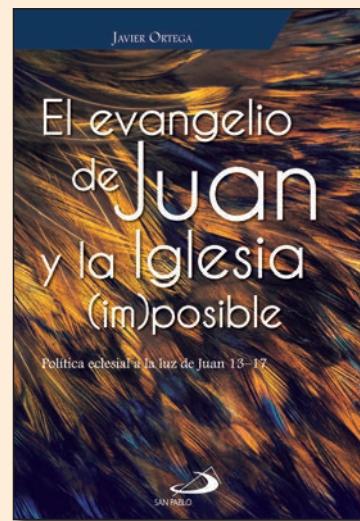
Jesuit Zen Master J. Kakichi Kadowaki invites us to listen to the Word with our breath, with our whole body and from our deepest self. The first part of this book guides us along the Path to enlightenment. The second is a bridge between the biblical reading with the whole body (*shindoku*) and the assimilation of the *Kōan* «with our body and soul united». In the third part, the dynamics of the Ignatian *Spiritual Exercises* are integrated with the mysticism of Zen.

272 pages. / € 19

GOSPEL AND POLITICS

◆ Series Fountain / Softcover with flaps / 14,5 x 21,5 cm

9788428556439



The Gospel of John and the «Im-possible» Church
Javier Ortega

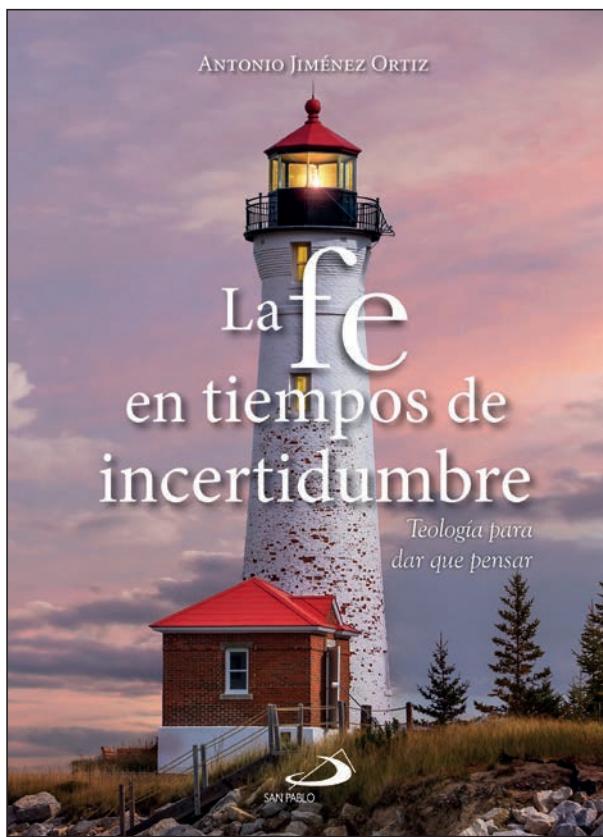
Through current methods of exegesis and biblical hermeneutics, the author presents a renewed vision which points out the peculiarities of the fourth Gospel that the reader may be able to grasp and understand this exceptional text better.

176 pages. / € 14

COMPENDIUM OF FAITH

◆ Series Paths XL / Softcover with flaps / 15,5 x 23,5 cm

9788428556033



A summary of faith that meets the challenges of the West

The Faith in Uncertain Times

Antonio Jiménez Ortiz

Is it possible to believe in God today, in such uncertain times? In this book, which is a clear and accurate summary of Christian faith, the author tries to answer this question, as well as some others, as the transmission of faith has long become a difficult and complicated task in European societies.

624 pages. / € 26

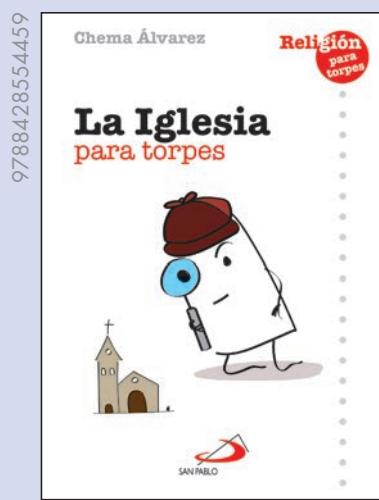
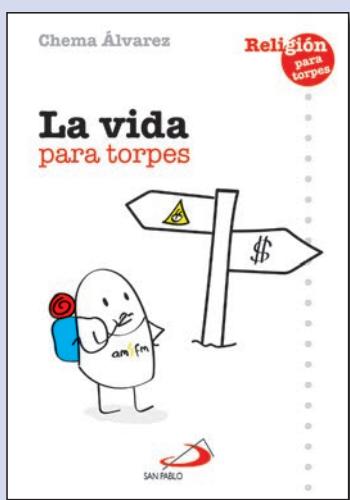
CONTENTS:

- I. The social context and the question of the meaning of life
- II. Believing and understanding: faith and theology
- III. About the mystery of God
- V. God's revelation in history
- V. Jesus the Christ
- VI. The Church
- VII. Sacraments of the Church
- VIII. Evangelization as a mission of the Church
- IX. About the afterlife

RELIGION FOR DUMMIES

◆ Series Religion for dummies / Softcover / 12,5 x 18 cm

9788428556958



Life for Dummies

Chema Álvarez

This is not a GPS to guide us in life, and it's not a book with all the answers either, but here we can find some suggestions that might help us reflect upon life, to give some thought to whether our life is worth living and to make practical and positive decisions to live our life in a better way.

152 pages. / € 10,60

Church for Dummies

Chema Álvarez

From a worldwide and generic perspective of the Church, this book is intended both for believers and non-believers who wish to find the essentials of Christianity. It shows the particular details of the reality of the Church and provides an elementary introduction for those who do not know much about religion.

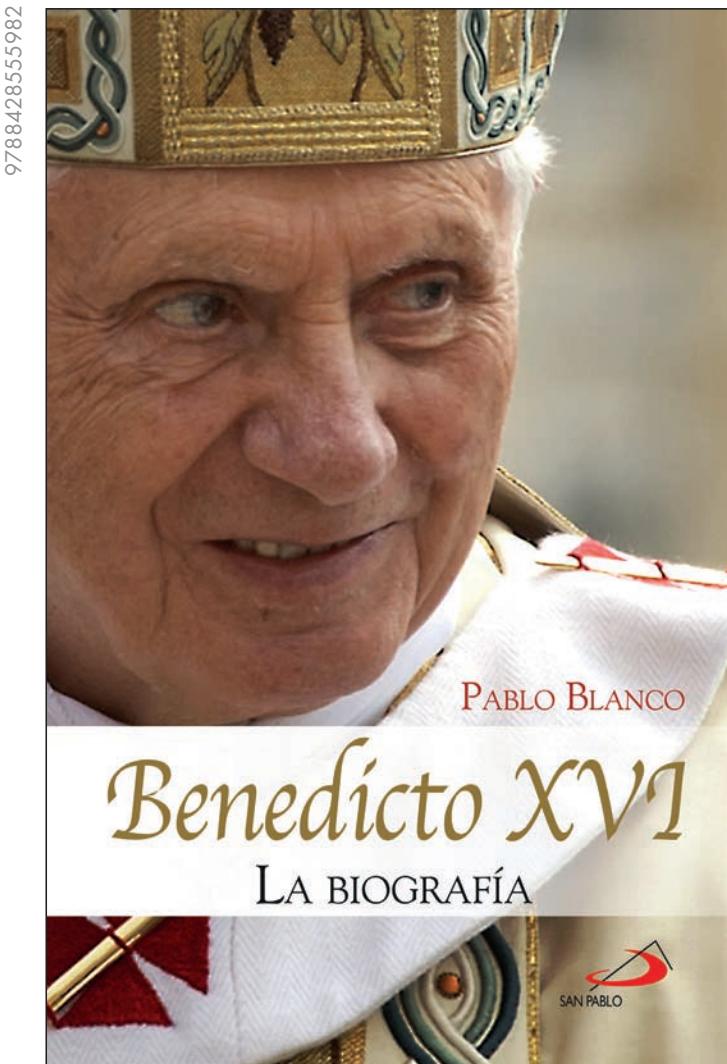
192 pages. / € 10,60

ALSO AVAILABLE IN THIS SERIES:

Gospel for dummies • Mysticism for dummies • Prayer for dummies •
Bible for dummies • God for dummies

THE POPE OF RESIGNATION

◆ Series Paths XL / Softcover / 15,5 x 23,5 cm



TERESA OF ÁVILA IN HER THEOLOGY

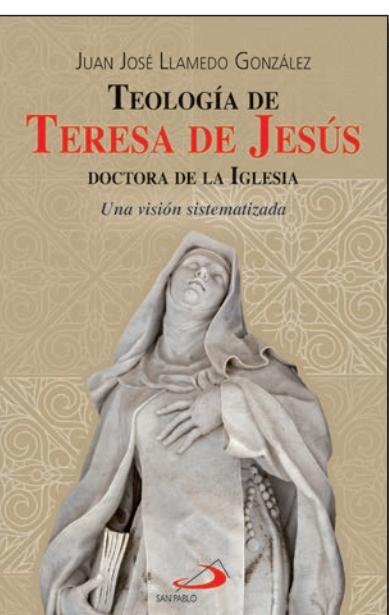
◆ Series Paths / Softcover with flaps / 13,5 x 21 cm

Theology of Saint Teresa of Jesus, Doctor of the Church
Juan José Llamedo González

A study about Saint Teresa's theology: the perfection of Christian life, the reasonableness of faith, the revelation, Christology, Ecclesiology, Sacramentality, Anthropology, Moral, Eschatology, and Spirituality and Mission.

18 pages. / € 12,50

9788428555968



In this definitive work, Pablo Blanco offers a «Biography of the ideas» of Joseph Ratzinger and of the geographical and cultural context in which they arose

Benedict XVI. A Biography
Pablo Blanco

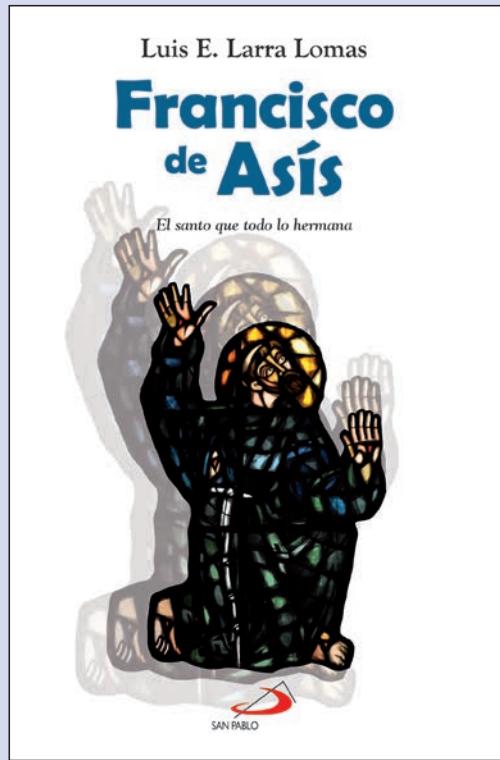
Benedict XVI will always be remembered as the first Pope to resign from the pontificate. However, his life and his pastoral work at the service of the ecclesial institution are much more: in fact, they are the trajectory of a bold thinker and a radical believer who, over the years, has dealt in great depth and simplicity with essential issues, such as the link between faith and reason, respect for the dignity of the person, and religious freedom. The author, a specialist in the figure and work of Joseph Ratzinger, presents, with his lights and his shades, a substantial interior portrait of the pope emeritus and an impeccable chronicle of his ideology and thoughts.

980 pages. / € 36

Beside the evident differences between Pope Francis and Pope Benedict XVI, there's an intimate tune, a deep understanding between them... Both their pontificates illustrate their complementarity in this new evangelization on the 21st century that has just begun.

THE SAINT WHO UNITES EVERYTHING

◆ Series Testimonials / Softcover / 13,5 x 21 cm



Francis of Assisi is the Saint that Society and the Church need today

Francis of Assisi

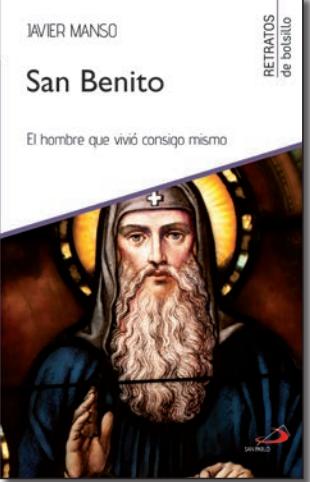
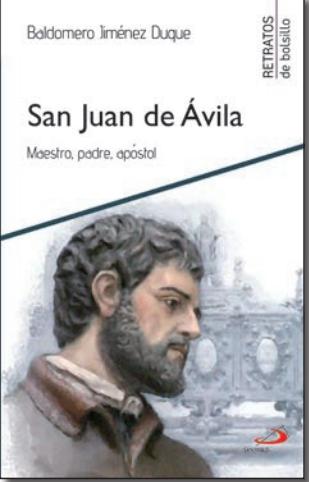
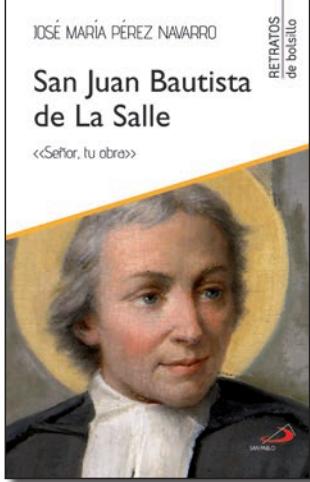
Luis E. Larra Lomas

No other Saint has generated more written pages in the History of the Church than Francis of Assisi. So, what does this new biography bring? As its author, the Conventual Franciscan Luis E. Larra, explains, it only brings the interest of getting closer to Saint Francis and learn about him, as well as to acknowledge that God can do now, in the 20th century, the same he did with Saint Francis in the 13th century. Before the wealthy and lavish medieval Church, he was the Saint of the poor; before a society where competitiveness rules, he is the Saint of fraternity. His stunning figure remains a present one.

192 pages. / € 12,60

SAINTS FOR THE 21ST CENTURY

◆ Series Pocket Portraits / Softcover / 11 x 17,5 cm

<p>9788428556583</p> <div style="border: 1px solid black; padding: 10px; text-align: center;"> JAVIER MANSO San Benito <i>El hombre que vivió consigo mismo</i>  </div> <p>Saint Benedict Javier Manso</p> <p>Biographical profile and sketch of the message of Saint Benedict, the founder of the Benedictine Order and architect of Western monasticism, which followed with the utmost rigour the precepts of humility, obedience and prayer. 200 pages. / € 10</p>	<p>9788428557245</p> <div style="border: 1px solid black; padding: 10px; text-align: center;"> Baldomero Jiménez Duque San Juan de Ávila <i>Maestro, padre, apóstol</i>  </div> <p>Saint John of Ávila Baldomero Jiménez Duque</p> <p>This is a brief biography of Saint John of Ávila, Doctor of the Church and patron of the Spanish clergy, who lived in a privileged moment in the history of the Church and of Spain. This edition coincides with the 450th anniversary of his death. 128 pages. / € 9</p>	<p>9788428556767</p> <div style="border: 1px solid black; padding: 10px; text-align: center;"> JOSÉ MARÍA PÉREZ NAVARRO San Juan Bautista de La Salle <i>«Señor, tu obra»</i>  </div> <p>Saint John Baptist of La Salle José María Pérez Navarro</p> <p>A chronological and spiritual journey on the life of the Founder of the Brothers of the Christian Schools. These words are written with a high historical rigour but also with the fondness of someone who approaches his spiritual father. 120 pages. / € 9</p>
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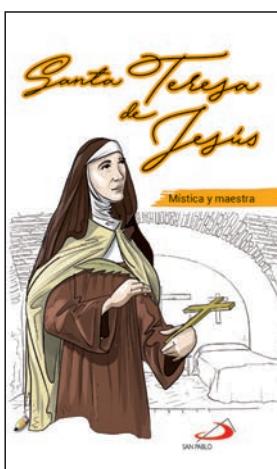
ALSO IN THE SAME SERIES

Saint Agustine, pilgrim of God • Saint Anthony of Padua • Isidro Labrador • Charitas Pirckheimer • Gloria Fuertes

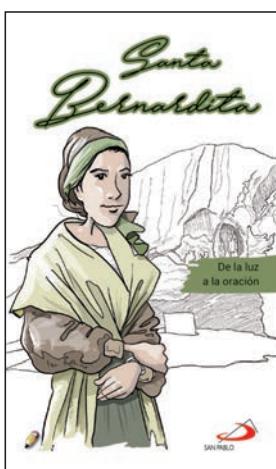
SAINTLINESS SNIPPETS

◆ Series Scraps / Stapled / 11 x 18 cm / 24 pages. / € 1,80

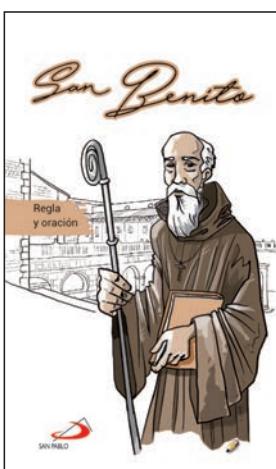
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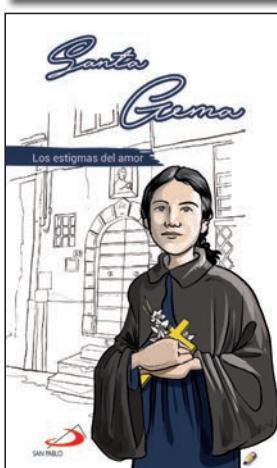
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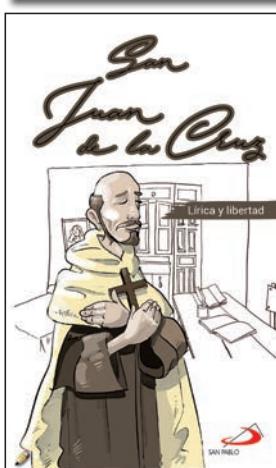
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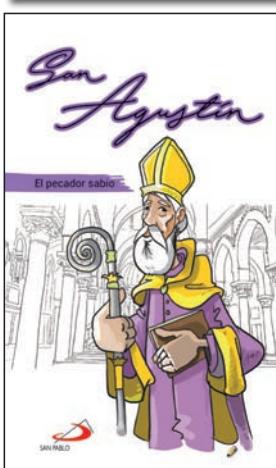
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«The saints surprise us, they confound us, because by their lives they urge us to abandon a dull and dreary mediocrity».
Gaudete et exsultate

Saint Teresa of Jesus / Saint Bernadette / Saint Benedict / Saint Gemma / Saint John of the Cross / Saint Augustine

Texts: José María Fernández Lucio / Illustrations: Agustín de la Torre

Concise biographical data that allow us to discover some of the greatest Saints in History. This series is for all those who want to get closer to their life and their work. These brief biographical-spiritual comments also include a chronology and some questions that will help in meditation and personal reflection.

AN EXEMPLARY JESUIT

◆ Series Testimonials / Softcover / 13,5 x 21 cm

Father Arnaiz

Alberto José González Chaves

Biography of Father Tiburcio Arnaiz, Founder, along with María Isabel González del Valle, of the Missionaries of Rural Doctrines. He was beatified in Malaga in October 2018. At this time of practical naturalism, his figure of a free apostle and defender of the truth is still relevant and modern.

296 pages. / € 14,10

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Alberto José González Chaves
Padre Arnaiz



«Me he dado prisa en vivir»



TOWARDS A NEW PATERNITY

◆ Series Paths XL / Softcover with flaps / 15,5 x 23,5 cm

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ABRAHAM

The Releasing of the Son
AKHENATON

The Revolution of Tenderness
DAEDALUS

Give Wings to your Son
CONFUCIUS

Paternal Piety

Father's Day

Four Men who Turned Paternity Upside Down
Fernando Vidal

We live in a time when men need to think thoroughly about their way of being a father. It is time for men to take their share of care, to join the revolution of tenderness and to commit to gender equality and the culture of peace.

This book wants to help reflect on these subjects from the experience of four well-known men whose way of being a father was a revolution for the time they lived: Abraham, Akhenaton, Daedalus and Confucius have bestowed a father model that has changed everything. Their messages go beyond religions and time, and communicate something that belongs to human condition, to all the parents of the planet.

265 pages. / € 16,50

«We should build a bridge in History able to connect all fathers that gave their children the best of themselves.
Some of them created a real revolution, and the way of being a father changed».

PEOPLE TRANSFORMED BY TAIZÉ

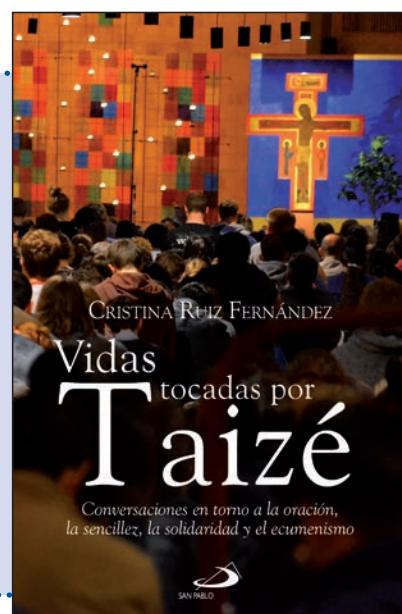
◆ Series Paths / Softcover with flaps / 13,5 x 21 cm

Human Lives Touched by Taizé
Cristina Ruiz Fernández

What's Taizé? What brings young people there? What do they look for? And, most of all, what do they find there? The conversations gathered in this book –around four key features of Taizé: prayer, simplicity, solidarity and ecumenism– capture the spirit of this astonishing place, and reveal that it changes the lives of the people who go there and meet every week in this ecumenical community at the French Burgundy.

136 pages. / € 12,50

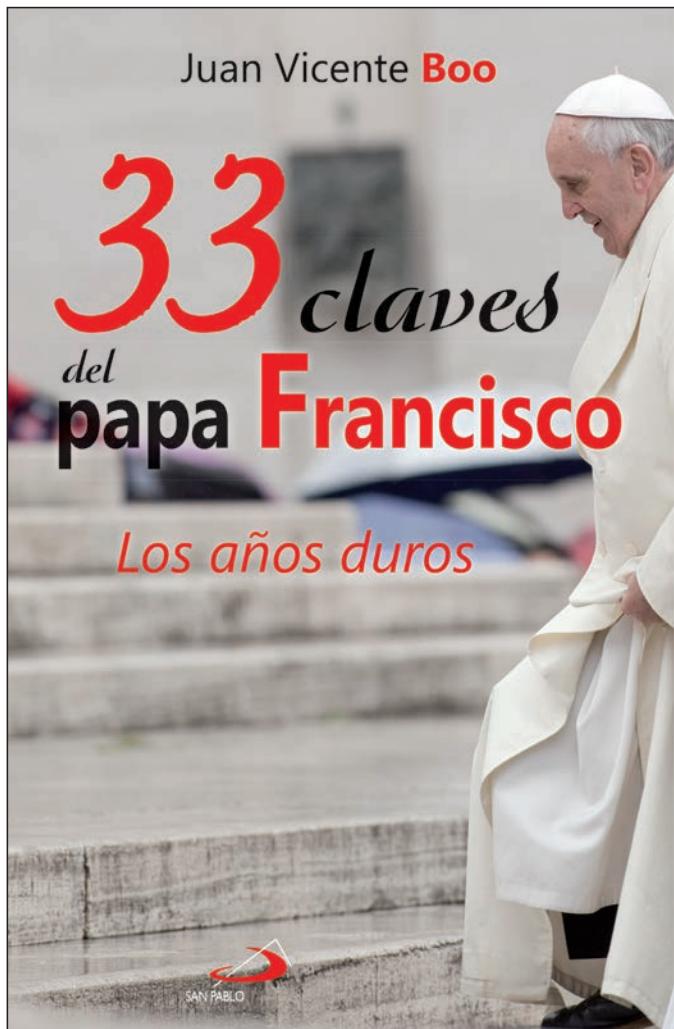
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POPE FRANCIS' HARD YEARS

◆ Series Paths / Softcover with flaps / 13,5 x 21 cm

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Juan Vicente Boo

**33 claves
del
papa Francisco**

Los años duros

«I have a hunch
that the next two years
will be the decisive years
of the Francis' pontificate».
(Juan Vicente Boo).

33 Keystones of Pope Francis
His hard years
Juan Vicente Boo

Can the personality and the activity of Pope Francis be captured in just 33 keystones? Obviously, it cannot, but a journalist task is to try it...

Through a compilation of the columns he wrote in the weekly newspaper Alfa y Omega between 2017 and 2019, Juan Vicente Boo, who has been the Vatican correspondent of the ABC newspaper for more than twenty years, draws a portrait of the pontificate of Pope Francis during those years. His exceptional vision brings us closer to the complex personality and the intense activity of this Pope, who has faced several challenges and taken essential decisions on issues of vital importance to the Church.

184 pages. / € 14

HUMAN LIVES GIVEN TO OTHERS

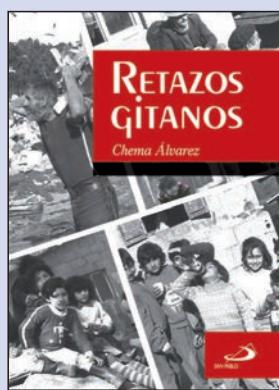
◆ Series Peripheries / Softcover with flaps / 13,5 x 21 cm

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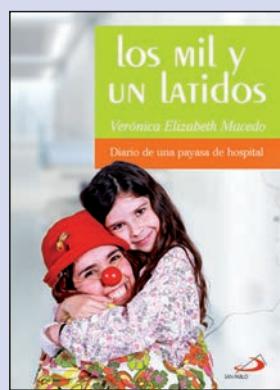
Talk while Taking Action
Pepa Torres Pérez
312 pages. / € 17,50

9788428557238



Gypsy Scraps
Chema Álvarez
112 pages. / € 12,50

9788428556941

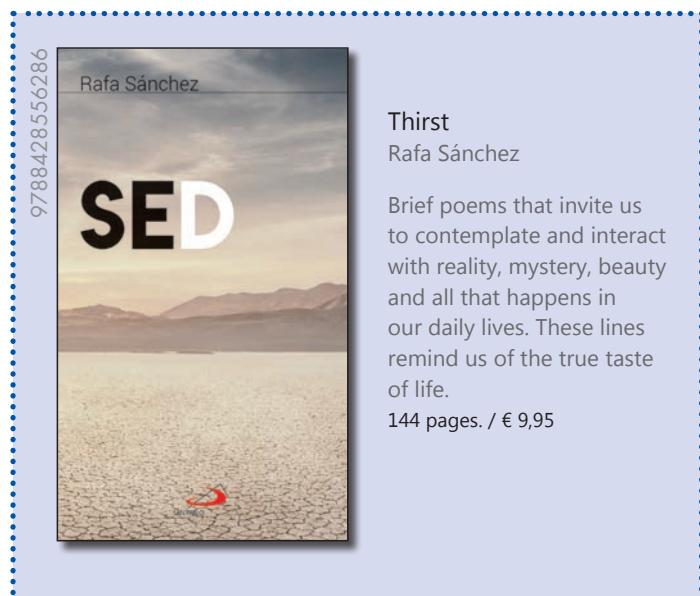


A Thousand and One
Heartbeats
Verónica E. Macedo
160 pages. / € 14,50

Going out to the existential peripheries is a permanent call from Pope Francis to the Church. The books in the series Peripheries respond to that call by giving testimony to the lives that give themselves to others at the peripheries of existence: migrants, refugees, impoverished women, elderly people at risk of social exclusion, unemployed and poor people, drug addicts, homeless people, gypsies, sick people...

BOOKS TO NOURISH INTERIORITY

◆ Series Inwards / Softcover / 11,5 x 19,5 cm

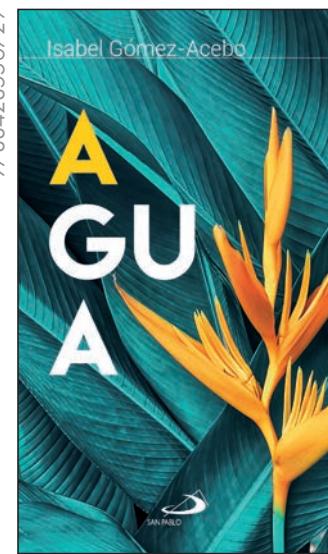


Thirst

Rafa Sánchez

Brief poems that invite us to contemplate and interact with reality, mystery, beauty and all that happens in our daily lives. These lines remind us of the true taste of life.

144 pages. / € 9,95



Water

Isabel Gómez-Acebo

Isabel Gómez-Acebo invites us to make a deep reflection upon life, spirituality, our personal vocation and our relationship with others and with God. The connecting thread is water, an element of vital importance for life and communication, symbol of freedom and reflection of the spiritual condition of the people.

120 pages. / € 9,95



Stillness

Denkô Mesa

We're invited to enter our inmost being, where peace and silence rule. Thanks to the power of stillness, we can focus our attention on what really matters.

120 pages. / € 9,95

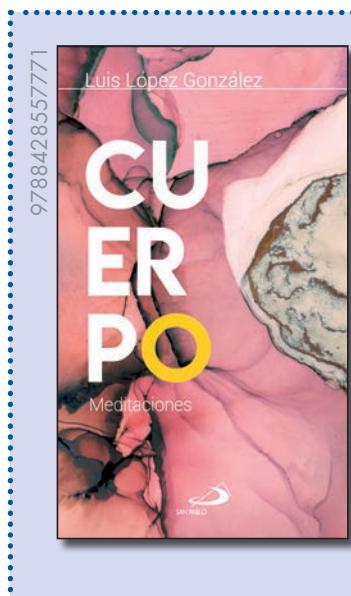


Searching

Josep Otón

The internal search is an unavoidable challenge. Life challenges us to find our deepest authenticity. Only then can we get in tune with people around us, to capture the beats of existence and glimpse a Reality that goes beyond everything and is, at the same time, present in everything and sustains everything.

152 pages. / € 9,95

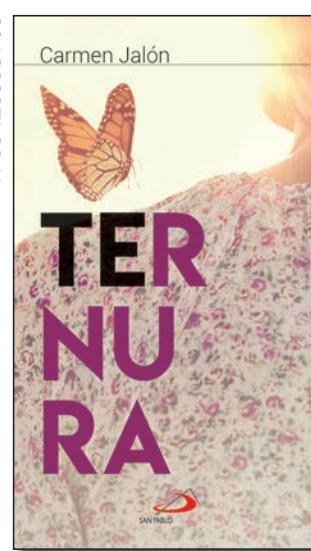


Body

Luis López González

Body is the screenplay for an intimate dialogue with ourselves. The author suggests an itinerary to understand our world, the world of the self. Using a plain and pedagogical language, the author set us off with just one condition: the reader has to set the pace for reading, reflecting and exploring this personal universe.

144 pages. / € 9,95



Tenderness

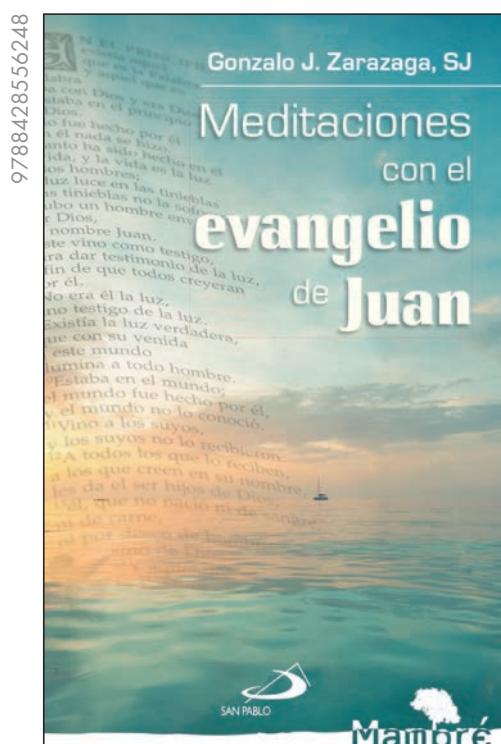
Carmen Jalón

This book proposes a ritual to internalize everything lived, in which the insignificant becomes important. The author invites us to work interiority, to develop a new relationship with all creation and to activate the tenderness that lives within us.

152 pages. / € 9,95

SPIRITUAL EXERCISES

◆ Series Mambré / Softcover / 13,5 x 21 cm



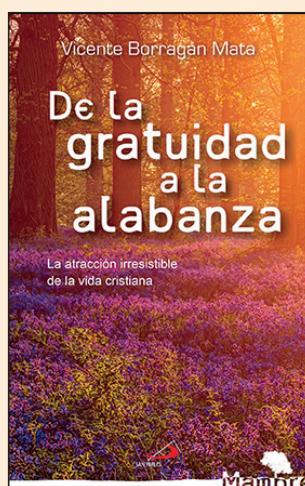
Meditations with the Gospel of John
Gonzalo Zarazaga, SJ

At present, the Gospel of Saint John is still the subject of deep studies and debates. This book helps us pray with this Gospel, verse after verse. Based on his own experience with prayer groups and inspired by the method of the *Spiritual Exercises* of Ignatius of Loyola, the author has prepared some work cards with meditations and practical indications.

320 pages. / € 17,50

CHRISTIAN LIFE

◆ Series Mambré / Softcover / 13,5 x 21 cm



From Gratuity to Praise
Vicente Borragán Mata

With this work, Father Borragán defines the charismatic experience as a torrent that arises from the heart and can transform the lives of all the people who approach gratuity and praise in order to live an intimate and loving relationship with the Lord.

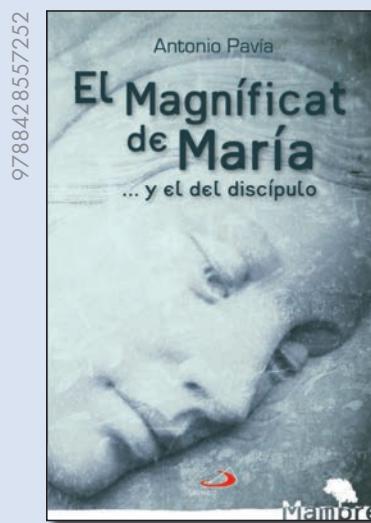
264 pages. / € 14,60

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MARY AND DISCIPLESHIP

◆ Series Mambré / Softcover / 13,5 x 21 cm



Mary's Magnificat

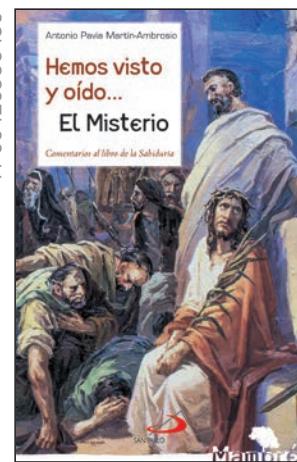
Antonio Pavía

Father Antonio Pavía offers us a detailed analysis of the Magnificat, which reflects the greatness of every soul that allows to be inhabited by God. Mary is the Mother who listens and welcomes. Both Mary and the Magnificat become a role model for every disciple of Christ.

200 pages. / € 12,60

THE BOOK OF WISDOM

◆ Series Mambré / Softcover / 13,5 x 21 cm



We've Listened and Seen... the Mystery
Antonio Pavía

A commented selection of the book of wisdom that reveals its depth and its greatness. Children of Wisdom –that's the name Jesus used to give his disciples of all times– teach us how the Word is revealed on them so we can open up our soul.

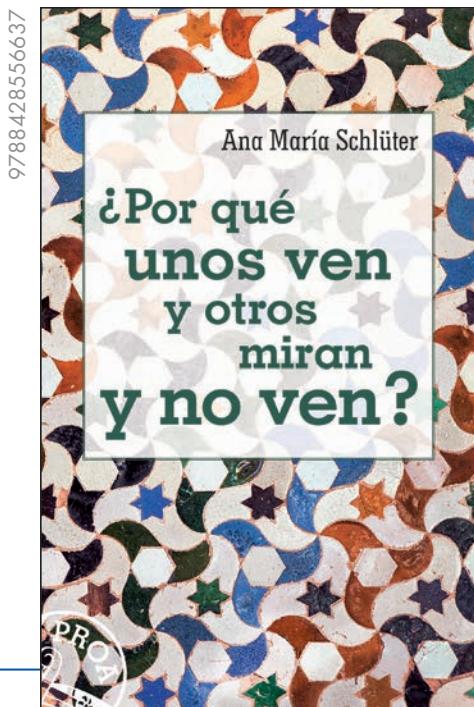
232 pages. / € 14,60

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9788428556248

AWAKING THE SOUL

◆ Series Bow / Softcover / 11,5 x 19,5 cm



9788428556637

Why Some People See while Others Look without Seeing?

Ana María Schlüter

Can we find faith among the outcast and the disadvantaged, in a working-class neighbourhood, between illiteracy and atheism? The author, a religious and Zen teacher, has spoken with 13 young people aged 16 to 19 to find out their concerns and to help them find their way in difficult environments.

260 pages. / € 13,50

HOPE AND FAITH

◆ Series Mambré / Softcover / 13,5 x 21 cm

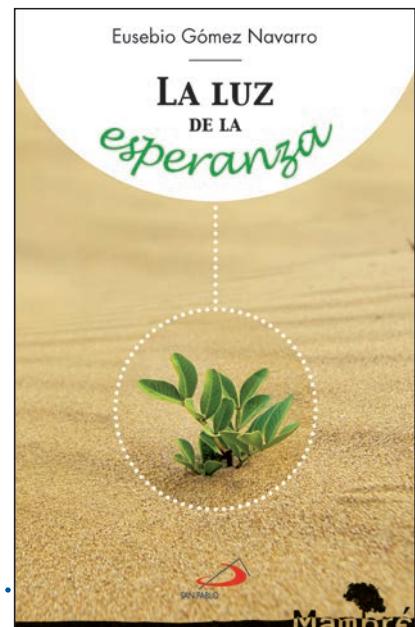
The Light of Hope

Eusebio Gómez Navarro

Hope is the most human feeling. We hold on to throughout our lives and even on the threshold of eternity. However, hope without trust is nothing, and the foundation of that trust is God, who loves us, guides us and comes with us along his luminous path. Only by walking on this path of hope, faith and love can we reach the serenity, peace and joy that we need in order to be saved and to build a better world.

216 pages. / € 14,60

9788428556378



9788428556781

SPIRITUAL EXERCISES

◆ Series Mambré / Softcover / 13,5 x 21 cm

The Way of Personal Transformation

Javier Garrido

This book is intended for adult Christians who need to free themselves from an ideological faith and who must take an extremely personal path. It is also intended for «seekers» who have glimpsed the truth of Jesus and his Gospel and want to find the meaning of their existence on it. It is inspired by the personalization model, which has been the nature of the pastoral work of the author. This is fully revised and extended, and includes a part for those who are in the early stages of the faith.

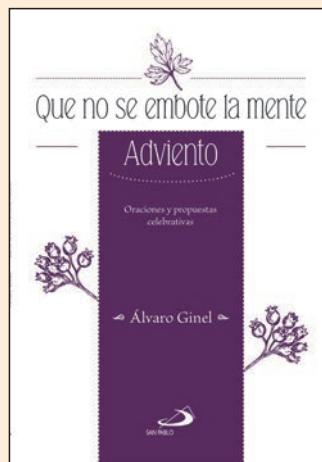
292 pages. / € 16,95



CELEBRATION AND PRAYER

◆ Series Celebrate / Softcover / 16,5 x 23,5 cm

9788428556064



Don't Let Your Mind Become Dull.
Advent
Álvaro Ginel

Prayers, suggestions for celebration, practical suggestions and reflections on the true meaning of the first arrival of the Son of God among men.

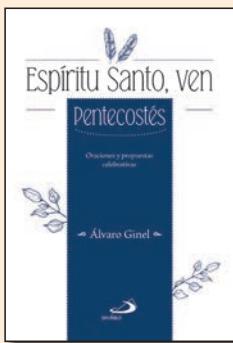
88 pages. / € 10,50

9788428556675

Vía lucis
de la esperanza



José Antonio Solórzano Pérez



**BY THE SAME
AUTHOR**

A Different Holy Week

Come, Holy Spirit.
Pentecost

Via Lucis of Hope
José Antonio Solórzano Pérez

This Via Lucis of Hope provides us with a space for prayer, meditation and companionship on the way followed by Jesus from the Garden of Olives to the Resurrection and his encounter with the disciples at Emmaus. Hope and light are the guides in this spiritual path.

80 pages. / € 9,95

PERSONAL PRAYER

◆ Out of series

Softcover / 12,5 x 17,5 cm

9788428556422



Praying with...

Mari Patxi Ayerra

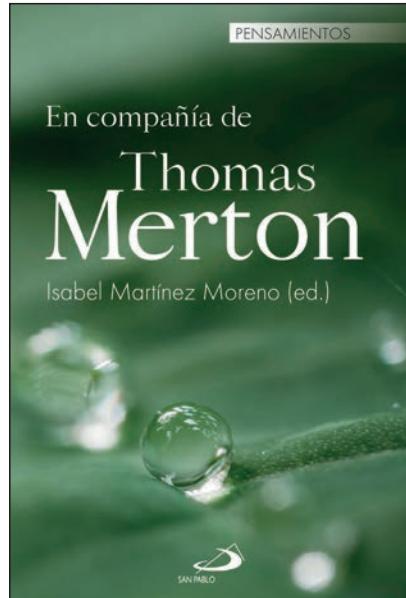
M^a Patxi Ayerra proposes suggestive prayers fitted to our daily lives and personal experiences. These suggestions and proposals are filled with authenticity and proximity to help us maintain our communication with God day after day and to feel his daily embrace of love.

96 pages. / € 5,95

MASTER OF PRAYER

◆ Series Thoughts / Softcover / 10 x 15,5 cm

9788428556354



In Company of Thomas Merton
Isabel Martínez Moreno (ed.)

On the occasion of the 50th anniversary of Merton's death, this book gathers a selection of thoughts, prayers and poems from the different books written by this contemplative mystic which will bring us closer to his love for God and for humanity.

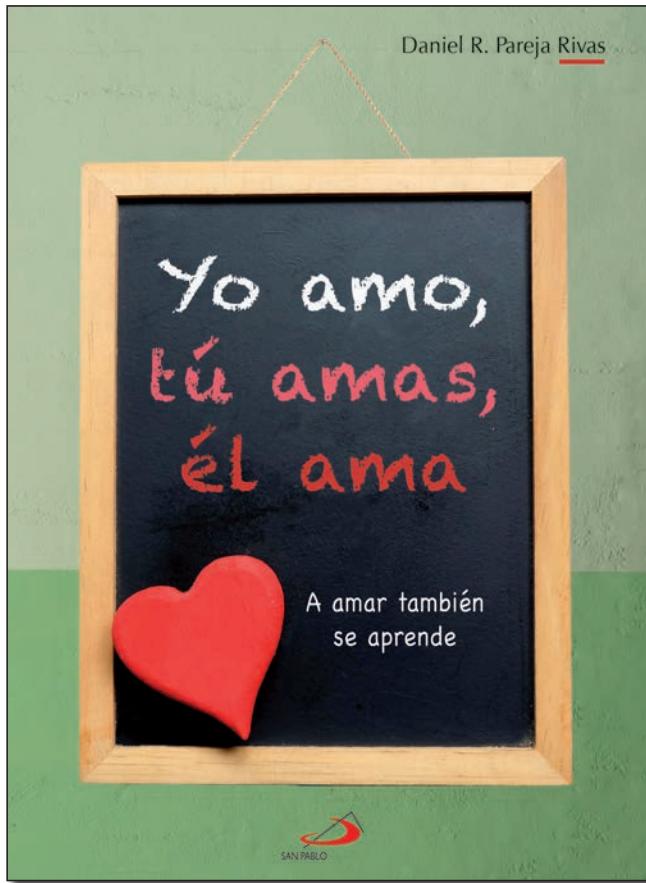
288 pages. / € 9,95

«There's only one thing worth living for: love. There's only one unhappiness: not to love God»

PEDAGOGY OF LOVE

◆ Series Learning / Softcover with flaps / 16,5 x 23 cm

9788428555807



We all were born
to be loved and to love

I Love, You Love, He Loves
Loving Can Also Be Learned
Daniel R. Pareja Rivas

What task could be more important than loving someone?
How can we improve our ability to love? The author
provides us with some specific tools to help us conjugate
the verb «to love» and believe in love as the true way to
happiness.
136 pages. / € 12

PSYCHOLOGY OF LIFE TOGETHER

◆ Series Tesserae / Softcover / 14 x 19,5 cm

9788428554305



Living as a Couple, Living Together
Ángeles Izquierdo - Ángel Izquierdo

Living together as a couple is to share, to trust and to build a whole world of projects and objectives in common. Filling that world with equality, attentive listening, reciprocity, respect and understanding is not an easy task. Through reflections, proposals and practical exercises, the university professor Ángel Izquierdo and his daughter, the psychologist Ángeles Izquierdo, offer psycho-educational clues to help couples mature and solve their problems. They answer all the questions we all have about living as a couple, one of the most difficult but also more rewarding projects of our lives.

272 pages. / € 15

IMPROVING SELF-CONFIDENCE

◆ Series Learning / Softcover with flaps / 16,5 x 23 cm

9788428555910



IMPROVE YOUR LEARNING

◆ Series Learning / Softcover with flaps / 16,5 x 23 cm

9788428555913



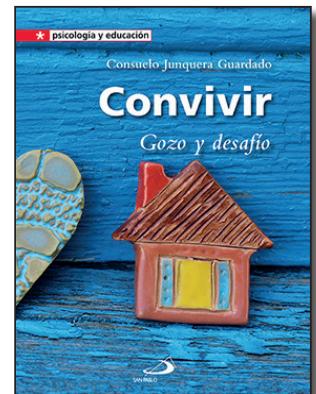
Study Techniques
Ana García Simal

This book, written by the educational coaching expert Ana García Simal, contains her learning method, based on simple guidelines and real examples. It helps us lay the foundations to avoid school failure, to promote curiosity and to get the satisfaction of learning back. A practical guide featuring real cases, that will allow students to get the most out of their abilities and achieve good academic results.

232 pages. / € 16

BY THE SAME AUTHOR

Living Together.
A joy, a Challenge



Manage the Best of You
Self-Confidence and Dynamism
Consuelo Junquera Guardado

The principal challenge of every human being rests inside ourselves. Our likes and dislikes, tests, hesitations, outbursts... in short, the best and the worst we have lies within us. Perhaps the fear of finding out our insecurities and contradictions limit or paralyze us. Self-knowledge, on the other hand, is the best recipe to find balance and develop a full, happy and coherent life. This book provides simple clues for us to take a quiet but firm path from which we will all emerge twice as strong and with the maturity we need to grow psychically and spiritually.

338 pages. / € 17,50

SENIOR AGE

◆ Series Learning / Softcover with flaps / 16,5 x 23 cm

9788428556576



The New Old-Age
Federico Romero Hernández

A reflection upon old-age and its place in modern society which will witness the reversal of the population pyramid. The author argues that we can't let ourselves die, because every day is a new awakening to life and we must make the most of it, with enthusiasm and a good mood.

136 pages. / € 12

MINDFULNESS

◆ Series Learning / Softcover with flaps / 16,5 x 23 cm



Mindfulness in the Classroom

6-12 years old

Luis López González (coord.)

TREVA is the only school program of relaxation, mindfulness and meditation with a competency-based approach. It has great prestige throughout the world, both for its scientific rigor and the quality of its materials, as for its long experience and wide implementation.

More than 3,000 teachers have received the necessary training to apply it, and it has been included in dozens of Spanish schools. This manual consists of 12 teaching units in which teachers, monitors, parents and psychologists will find plenty of exercises, activities and tasks for the development of their work with children ages 6 to 12.

316 pages. / € 24,90



ALSO AVAILABLE IN
THE SAME SERIES

Mindfulness
in the Classroom
3-6 years old

TREVA Program helps educate the inner self and improve school performance, health and social relationships

STORIES TO THINK ABOUT

◆ Series Tesserae / Softcover / 14 x 19,5 cm

Sinkálendar
and the Never-Ending Tales
Javier Martínez

Original, fun and suggestive stories that stimulate imagination and creativity. Each of them ends with a question for young people and adults to reflect upon. This book is a tool for working either in groups or alone. Each story helps the reader in some aspect of his life so that something is changed inside. The stories are the first part of an adventure that readers must keep reading to discover realities that sometimes we do not perceive in our daily lives.

144 pages. / € 11,90

9788428555975



CREATIVE PHOTOGRAPHY

◆ Out of series / Softcover / 23,5 x 21 cm

9788428556712



Reflections on the Canticle of Creatures
Photographs by Sister Isaura
Texts by Rosa Rodríguez-Branchat

This is a unique piece of work inspired by the verses of St. Francis of Assisi. A contemporary interpretation that combines artistic photographs and explanatory texts to enter into the profound spirituality of the Canticle of Creatures, an ecological and timeless poem. It includes 114 photographs, the original text of the Canticle and its translation into 31 languages.

240 pages. / € 24,95

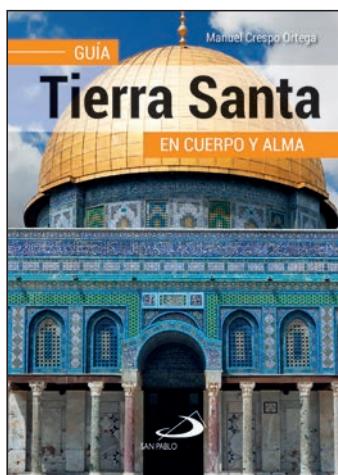
«When I take my pictures I dive into a dimension where contemplation and life merge» (Sister Isaura)



TRAVELLING WITH YOUR BODY AND SOUL

◆ Body and Soul Guides / Softcover / 13 x 18 cm

9788428555418



Guide to the Holy Land
Manuel Crespo Ortega

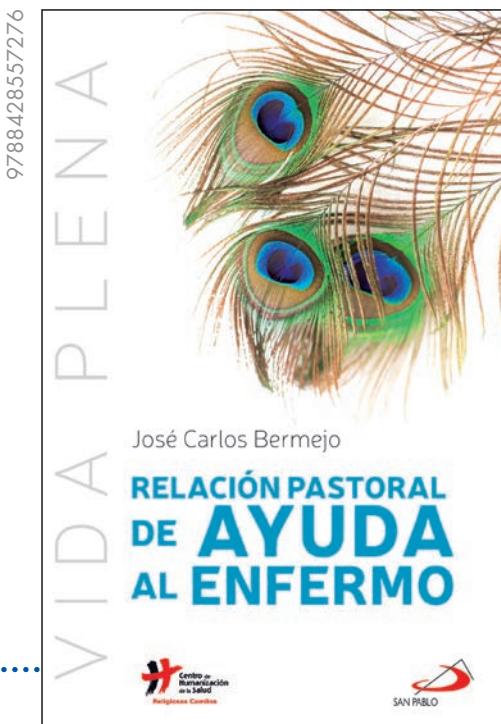
This guide will help pilgrims taste the visit to each sanctuary in the Holy Land (its natural environment, its architecture...), to understand their meaning when they are quoted in the Scriptures, and to take a spiritual journey through biblical readings, prayers and others texts.

296 pages. / € 16



HELPING THE SICK

◆ Series Fulfilled life / Softcover / 13,5 x 21 cm



Pastoral Relationship in Taking Care of the Sick

José Carlos Bermejo

Patient care is a main issue in pastoral ministry of healthcare. In this book, José Carlos Bermejo clearly explains what it is, and who the pastoral agent must be and how he should act; he also speaks about the appropriate pastoral relationship, the stages of this relationship and the way to shape it when ethical conflicts arise.

208 pages. / € 14,50

AFFECTIVE SUFFERING

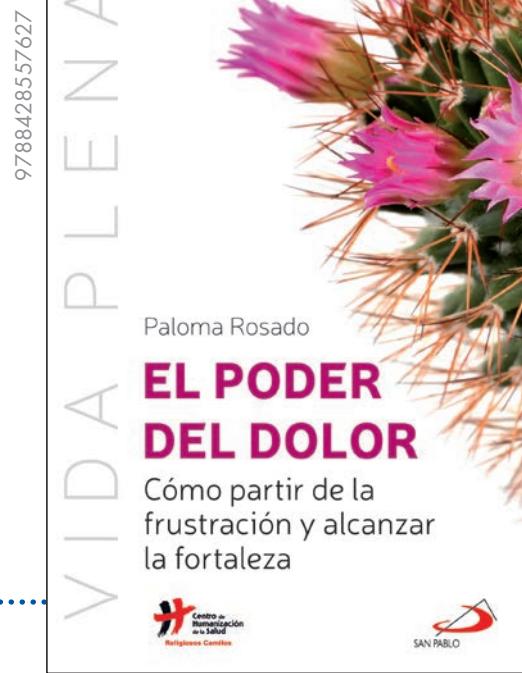
◆ Series Fulfilled life / Softcover / 13,5 x 21 cm

The Power of Sorrow

Paloma Rosado

Sorrow is a power, a resource. This book gives us some guidelines to walk through the difficult stages of our journey and our losses. Paloma Rosado enters one of the less comfortable points of our lives –the pains we suffer because of various situations of losing (crisis, illness, old age, death, loss of a child, widowhood...); she proposes different ways to cope with them and she reflects on the ways to move on from loss to fulfilment.

224 pages. / € 12,90



Prólogo de Joan Garriga

Paloma Rosado

EL PODER DEL DOLOR

Cómo partir de la
frustración y alcanzar
la fortaleza



SEXUALITY

◆ Series Fulfilled life / Softcover / 13,5 x 21 cm

Sexuality as a Gift

Mari Patxi Ayerra

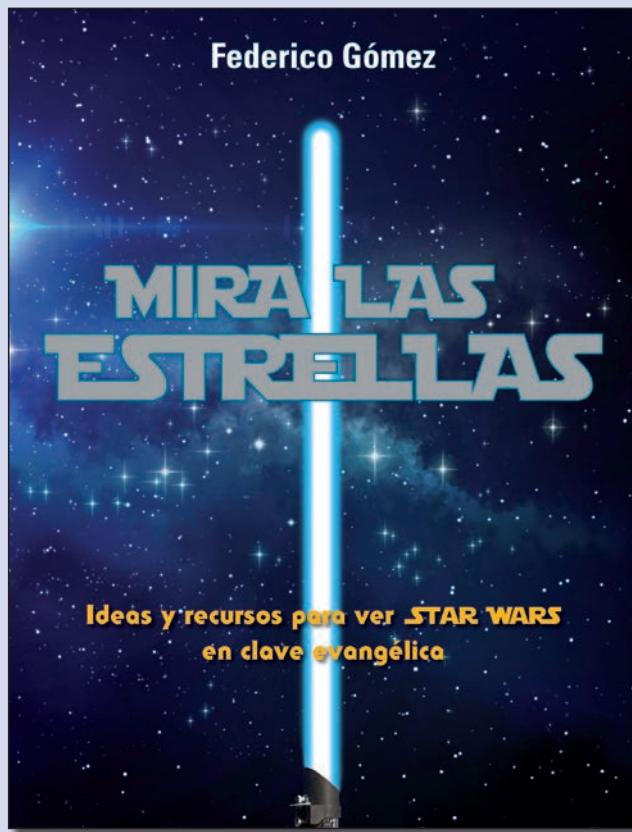
From a believer's perspective, Mari Patxi Ayerra presents us a humanist and spiritual vision, filled with humour and wisdom, about the gift of sexuality. This book describes a way to understand God and to interpret sexuality from an angle contrary to the obscurantism which was imposed several centuries ago.

184 pages. / € 14,90

STAR WARS IN THE LIGHT OF THE GOSPEL

◆ Series Renew Yourself / Softcover / 16 x 22 cm

9788428557405



Behold the Stars
Federico Gómez

Federico Gómez dives into the phenomenon of *Star Wars*, the soul and the spirituality of its characters, and the plot of the saga, to find Gospel keys in them. It is a new and attractive proposal, which includes pastoral insights and a very useful material to organize video-forums on *Star Wars*.

168 pages. / € 14,50

MISSIONARY YEAR

◆ Series Paths / Softcover / 13,5 x 21 cm

On a Missionary Way
Fernando Redondo

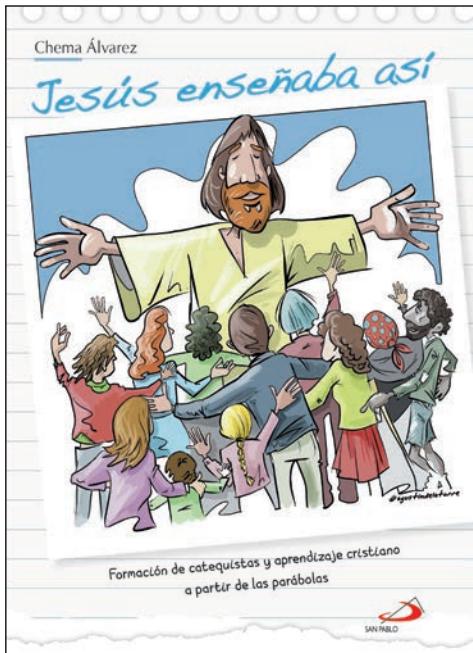
On October 2019 –the Extraordinary Missionary Month– some guidelines were given for Christians to take up their missionary discipleship and to experience it in the dioceses, parish, ecclesial movements and groups, which must be in a constant state of mission. Reading these pages will help us ease our fears and live with hope, joy and enthusiasm to find the only essential thing: the Gospel.

176 pages. / € 14

CATECHIST TRAINING

◆ Series Learning / Softcover with flaps / 16,5 x 23 cm

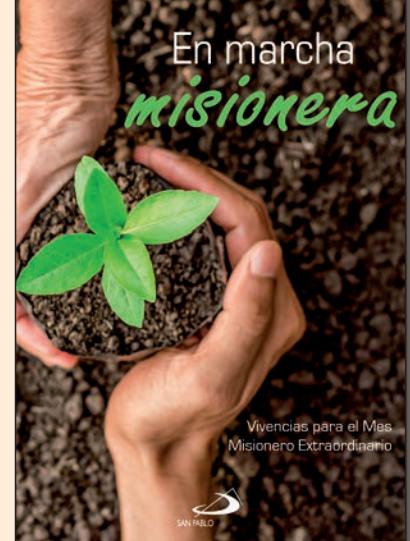
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That's the Way Jesus Taught
Chema Álvarez

This book is inspired by the teaching method of the Teacher par excellence, Jesus of Nazareth, who explained the divine and the human with simple parables. Following his footsteps, Chema Álvarez takes a journey through the parables of the Gospel and draws the lessons we Christians should learn, adjusting them to our present needs and sensitivity. Each parable comes with an introduction, a commentary, and points for reflection. 224 pages. / € 15

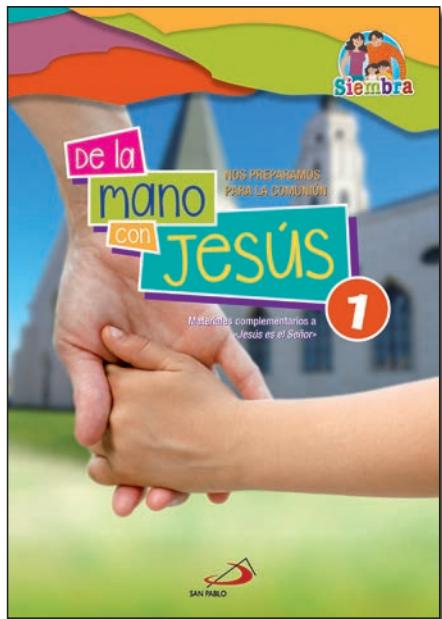
Fernando Redondo Benito



FIRST HOLY COMMUNION

◆ Series Sowing / Softcover / 21 x 29,7 cm

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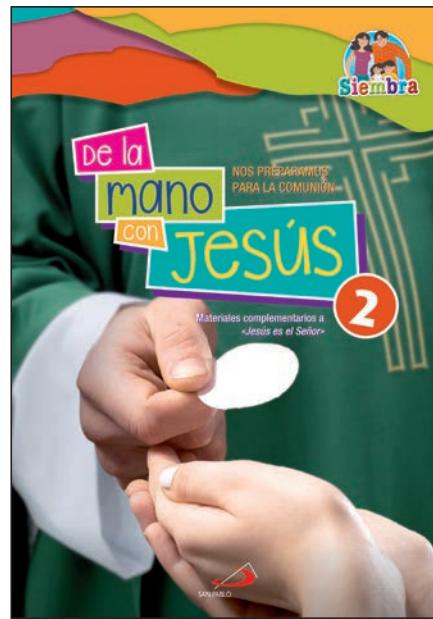


Hand in Hand with Jesus 1

Preparing for the Holy Communion

96 pages. / € 12,50

9788428557207



Hand in Hand with Jesus 2

Preparing for the Holy Communion

96 pages. / € 12,50

The preparation
for the first Holy
Communion becomes
a unique, happy
and transformative
experience for the
whole family

This project complements the Catechism «Jesus is the Lord» and the school and parish catechesis. It has been designed to be used in group meetings and in family groups, where parents can be the best catechists for own children.

Project Sowing:

- involves parents in the education in the faith of their children.
- encourages dialogue and family communication.
- promotes the cultivation of interiority.
- encourage family prayer.

- includes fun and specific activities that make children become the main characters of their growth in faith
- includes some experiential and innovative exercises to express and share Christian contents, feelings and values.

978842855385



EDUCATING CHILDREN SPIRITUALITY

◆ Series Godly Play / Softcover / 21 x 27 cm



Godly Play - Complete Guide
Jerome W. Berryman

This is the first volume of Godly Play, a pedagogical program of discovery, fulfilment and religious and spiritual education for children. It rests upon the principles of the Montessori educational method, on Christian language learning and on the structure of Christian worship and education. This first volume helps to understand the theoretical and practical principles of the method. The following volumes, soon to be published, offer the guidelines to develop the lessons.

184 pages. / € 21

BOOKS TO GROW FROM THE INSIDE



Prince Tantrums

If You Wish To Be a Fairy Godmother... or Godfather

Carmen Gil / Various Illustrators

Funny stories starring annoyed princes, fairy godmothers and godfathers, pirate grandmas that will help children grow up by conveying values that are essential for a happy life.

21 x 24 cm / 96 pages. / € 16
6-8 years old.

EQUITY AND VALUES

Series Not Just Football

Violeta Monreal

A new series of books written and illustrated by Violeta Monreal. Four fun books, each with a story that revolves around football which will help children to cope with difficult situations and to find out a solution.

15 x 21 cm / 132 pages. / € 10,50 each
For children over 6 years old



CHILDREN'S BIBLE



My First Illustrated Bible

Text: Álvaro Santos
Illustrations: Jesús López Pastor

BABY ALBUM



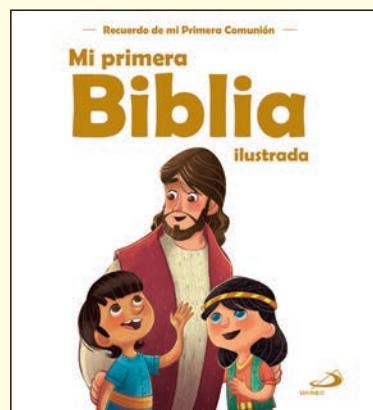
Hello, Mum! Hello, Dad!
Illustrations: Mónica Villar

A fully illustrated album to treasure all the sweet memories of the first year of the baby.

24 x 21,5 cm / 32 pages.
€ 10,95

This selection of biblical stories from the Old and the New Testaments will be enjoyed by children. This carefully written text will help children learn about the greatest story ever told.

24,5 x 26,5 cm / 128 pages.
€ 16,50
For children over 8 years old.



Remembrance of My First Holy Communion

An original memory album, decorated with pictures in the form of a collage, to treasure all the details of this special day of celebration.

24 x 21,5 cm / 32 pages.
€ 10,90



FIRST HOLY COMMUNION

HUMAN VALUES

Series This is Not a Fairy Tale

Yuri Has Sent You a Letter

One Day on Yayra's Life

Gracia Iglesias Lodares / María Angulo Aguado

A new series of books filled with illustrations and photographs for young children to learn about the habits and way of life of many other children of the world living in different situations

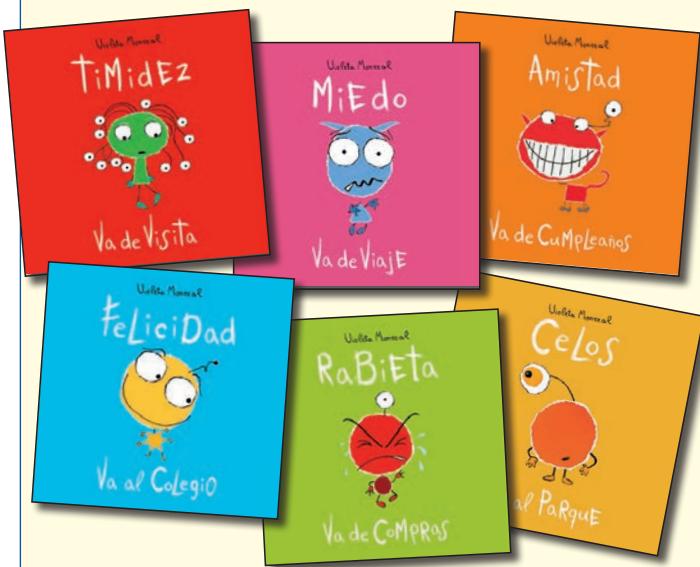
26 x 29 cm / 52/56 pages. / € 15 each

For children over 6 years old

www.estonoesuncuento.es



EMOTIONAL INTELLIGENCE



The Awakening of Feelings (Series)

Violeta Monreal

This series of books, written and illustrated by Violeta Monreal, presents stories to help children cope with their feelings. It contains 6 books, each one deals with one specific feeling: friendship, jealousy, happiness, fear, anger and shyness.

15 x 15 cm / 12 pages. / € 6 each

For children over 3 years old.

FEAR OF WHAT?

Everybody to School!

Emma Doesn't Want to Go to School

Text: Paula Merlán / Illustrations: Nancy Brajer

Adventurer Grandpa

Paul Needs to Go to Hospital

Text: Mª Ángeles López Romero / Illustrations: Nancy Brajer

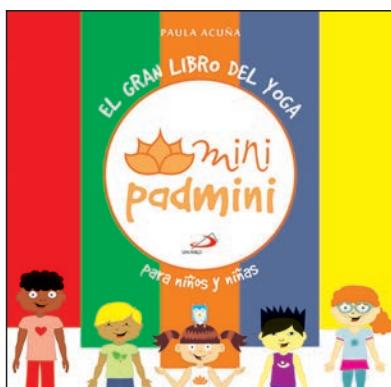
Fun illustrated stories that will help children to overcome their fears before unknown situations (the first day of school, a surgical procedure...)

22 x 22 cm / 36 pages. / € 12 each

For children 3-6 years old



YOGA FOR CHILDREN



The Big Book of Yoga for Children

Paula Acuña

This book will guide children to learn about yoga in a fun and didactical way. It contains full-color illustrations and instructional scripts.

23 x 23 cm / 208 pages.

€ 20,95

For children over 3 years old

GOOD HABITS

I'm a Monster When I Learn

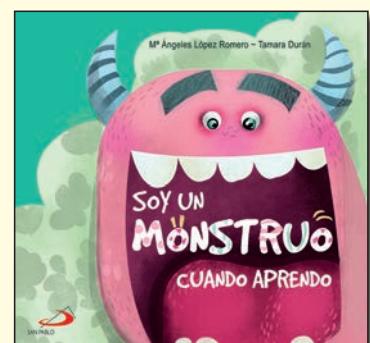
Mª Ángeles López Romero

Illustrations: Tamara Durán

The friendly monsters that star in this book will teach children to develop good habits at home and in the family.

22 x 22 cm / 32 pages. / € 10,50

For children 3-6 years old





SAN PABLO

MÉDIASPAUL

PAULUS

SAN PABLO

SAN PAOLO

ST PAULS

ST. PAULUS

SWIETY PAWEŁ

サンパウロ

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